



Programme for Nurse Endoscopist Internship

This document is an updated summary of the Nurse Endoscopy Training & Credentialing Programme 2015, and the previous University of Auckland Nurse Endoscopy Training Pathway.

Prerequisites

It is essential Registered Nurses selected for this training programme have, as a minimum, completed a Postgraduate Diploma or be currently working towards it. The Postgraduate Diploma should include:

- Advanced assessment and diagnostic reasoning.
- Advanced biological science/anatomy and pathophysiology (gastrointestinal system focus to assignments).
- Pharmacology leading to nurse prescribing.
- Evidence based practice is recommended.

In addition to academic prerequisites the nurse:

- Must have minimum of 5 years clinical experience post registration.
- Must have advanced cardiac life support training.
- Preferably have experience in gastroenterology/endoscopy or related area such as colo-rectal surgery.

Preparation

NE intern should have a career plan written down and confirmed with nurse manager/clinical lead/management lead. This can be part of a performance appraisal.

- Should outline what other senior nurse roles they want to do, as well as endoscopy ie. IBD, Hepatology, PEG, IDA clinic, rectal bleed clinic, etc, etc.
- Plans for further post graduate progression such as Masters or NP.

Training Contract

NE intern should have a training contract signed by health region management, clinical lead and nurse manager confirming training supervisor, terms of training, duration of training, position as a CNS while training, supernumerary hours that will be replaced by another RN while training, outline of the role for the NE intern once training is completed. Some examples of things to include in contract:

- Named trainer
- 2 minimum training lists per week
- Release time to attend endoscopy clinics, surgical clinics, MDT, histopathology meetings and other training days or online training
- Two-year approximate training period
- Training in gastroscopy and colonoscopy
- Supernumerary position as intern
- CNS title and pay scale
- Use of DOPS, DOPyS, supervisor's reports from Conjoint Committee during training.
<https://nzsg.org.nz/training-resources/information-and-forms-for-endoscopy-training-recognition/>
- CNS or better title and pay scale after training
- Support to complete Masters/NPTP during or after NE training, or completion of Postgraduate Diploma (consider inclusion of N717 Practicum for RN Designated Prescribers (UoA) or equivalent) prior to advancing to Masters/NPTP.

Assessment

- As per NZ Conjoint Committee requirements for recognition of training in endoscopy.

External/additional training

Required

- Advanced life support with 3 yearly updates
- Safe Sedation Training online from University of Utah

Strongly recommended

- NZSG Introduction to Endoscopy Course (face to face twice yearly options)
- NZSG Polypectomy Workshop (face to face yearly)

Also consider

- GESA Basic Knowledge for Colonoscopists (online)
- Specialist Gastroenterology Nursing (NSN124 Queensland University of Technology)

Mentor

There are sufficient practising NE's that a mentorship could be offered to NE interns as a direct line to ask questions, get suggestions, trouble shoot issues and offer support. NZ Nurse Endoscopists Association (NZNEA) are also available for support and have quarterly meetings.

NZNEA working party members are able to be contacted for guidance if needed.

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Abbreviations:

Nurse Endoscopist, NE; Clinical Nurse Specialist, CNS; Nurse Practitioner, NP; Nurse Practitioner Training Pathway, NPTP; Registered Nurse, RN; Inflammatory Bowel Disease, IBD; Iron deficiency anaemia, IDA; Percutaneous endoscopic gastrostomy, PEG; Multi-disciplinary team, MDT; Direct observation of procedural skills, DOPS; Direct observation of polypectomy skills, DOPyS; University of Auckland, UoA; New Zealand Society of Gastroenterology, NZSG; Gastroenterology Society of Australia, GESA; New Zealand Nurse Endoscopists Association, NZNEA.